

Refreshed And Renewed

Botox and injectables have come a long way in achieving a more youthful appearance

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The holidays are a wonderful, but stressful time of year. In fact, some say that the start of school in September is what triggers the annual stress-fest all the way through January. But don't let that exhaustion and worry show up on your face.

Botox and injectables have come a long way. No longer do people associate Botox treatment with frozen faces and tight, unnatural looking skin. At Deep Blue Med Spa a team of certified medical aestheticians and physician assistants aim to help you relax and leave you feeling—and looking—more youthful and refreshed than you did when you walked through the door.

And there's a variety of treatments to choose from to correct wrinkles, smile lines, crow's feet and saggy skin.

For those concerned about their chin area, consider Kybella,

a non-surgical treatment with active ingredients that break down excess fat under the chin, helping to gradually contour the neck area. The formula is administered through a very fine needle and it takes about 15 to 20 minutes to complete the treatment. Two to four sessions are typically recommend depending on the needs of the patient.

Perhaps you simply want injectables to combat the process of aging? Fortunately, a wide range is available to help address common cosmetic concerns such as wrinkles, fine lines, deep creases and volume loss. Botox treatment allows for smoother, more supple skin using an injectable formula made from a diluted form of botulinum toxin Type A. The formula helps to relax facial muscles that are involuntarily contracted. With little to no down time, the treatment is quick and can even be done on a lunch break. Results tend to last three to six months, and should be maintained with regular follow-up appointments. Other injectables include Dysport, Juvéderm,

Restylane, Radiesse and Sculptra Aesthetic.

Beauty today is all about natural, healthy looking skin but even that sometimes needs a little help. Before you undergo treatment, a member of the Deep Blue team will assess your skin type, discuss any of your concerns and share their thoughts on what would be the best treatment and course of action for the appointment. The staff makes you feel at home during any medical or cosmetic procedure, especially for first-timers, to ensure that their physical and emotional experience is painless. Gentle injections to the face will create a less tired and more refreshed version of you (patients may experience bruising, swelling and numbness at first, all of which should fade within a few days' time). Treat yourself to the gift of renewal this holiday season.

Deep Blue Med Spa is located at 999 Franklin Ave., Garden City. Visit www.deepbluemedspa.com to find a treatment that is right for you.



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